



Volume LXI, Issue 3

Trail Sweepings

The Newsletter of the
Trailsweepers Snow and Sports Club, Inc.

July 2010

www.trailsweepers.org

TSSC/HVSC Annual Picnic and Softball Challenge



Sunday, Sept. 12th

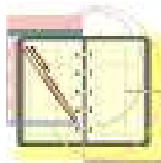
Again this year we will be holding the annual picnic and softball game against our sister club HVSC. The gathering place is at the **Rosendale Recreation Center**. Facilities include a pavilion, two tennis courts and a volleyball court.

As before, there will a full BBQ dinner after the game: Grilled chicken, grilled pork, grilled London broil. Corn on the cob and a keg of beer. BYOB and a salad, dessert or side dish to share.

Mark your calendar. More details in next newsletter.

Planning Meeting

Tuesday, August 3rd
at 6PM



We'll have our second yearly planning meeting to refine dates and ownership of the upcoming season activities. Bring in some fresh ideas to the board or offer to lead one activity.

Bring a salad, dessert or side dish to share and your own drinks.

It will be held at **John Brooks** house on :
10 Valhank Drive
Ulster Park, NY 12487
845-336-8446



The Children's Home of Kingston needs YOU!

Saturday, August 7th, 4 to 7PM



We need a dozen good people to help wrangle cars, trucks, and buses and charm donations out of motorists at the annual Children's Home of Kingston **March of Champions Drum and Bugle Marching Band Exhibition** Saturday afternoon/early evening August 7 at Dietz Stadium. Some of you have helped out in previous years. It's not painful, and there's no heavy lifting unless you want to help Nick take down the barricades after the cars are parked. You would be needed from approximately 4 to 7PM and you can stay and watch the show if you're into the music and showmanship.

This show is a major fund raiser and community awareness event for the worthy non-profit Children's Home, which serves the least-advantaged young men you can imagine. Go to www.CHKKingston.org to check it out or see last year's pamphlet of the event at bottom of this page. TSSC past president John Brooks is a member of the CHK Board of Directors.

Our part is to prevent pandemonium in the parking lot, to get the Corps trucks and buses where they need to be in time for the show, and to allow people attending the show to express their generosity by making donations to CHK at the entrance to the parking lot. No hard selling is involved, and this operation adds welcome dollars to the event's bottom line.



I hope you can find the time to help this worthy organization. Please VP if you're with us.



Call 687-2312 or eMail
Marla Brucker
marla_brucker@verizon.net
Nick Mercurio
IroNick@aol.com

50/50 Raffle, We have a winner!

Nancy picked the Ace of Spades at the June 24 meeting and won the 50/50. The deck had shrunk to 20 cards and the pot had grown to \$174 since last winter and she walked away with \$87.



See 50/50 rules on last page.



TSSC Slate

Officers 2009 - 2010

President

Rick Fick 914-443-4060

Executive Vice President

Christine Marusek 385-8107

Administrative Vice President

Dale Ziegenfelder 657-6312

Secretary

David Cardall 336-8876

Treasurer

Carol Viglielmo 679-6882

Board of Directors

Steve Clausen (12) 385-8107

Herb Gilmour (12) 564-8047

Pat Marsh (11) 340-1729

Kevin Parker (11) 758-0323

Peter Tannenbaum(11) 691-5766

Ed Willet(12) 527-9866

Steve Wingard (11) 532-7459

Diana Ziegenfelder(12) 657-6312

Committees

Membership

Peter Tannenbaum 691-5766

Meeting Programs & 50/50

Josh Schulman 516-603-5195

NJ Ski Council

Jim Culla 358-5765

Discount Lift Tickets

John Brooks 336-8446

Ski Racing

Jim Tomassetti 331-2324

Fall Hikes

Ellen Berlin 658-8606

Bicycling

Jim Tomassetti 331-2324

Trailsweepings (Newsletter)

Daniel Desmedt 331-3552

editor@trailsweepers.org

TSSC Web Page:

www.trailsweepers.org

Social Events

Holiday Party

Yvonne Baker 331-1068

Fall Kickoff Party

Janet Mihm 246-1742

Spring Banquet

Diana and Dale Ziegenfelder 657-6312

Weekly Bike Rides

Mountain Bike Ride

Wednesdays:

Biking at Minnewaska. We meet at the Traps parking lot. Ride leaves at 5:30 till about 8:00pm. Followed by beer, soda and pizza at "My Hero's". We have both B and C groups riding now, neither group will leave anybody behind.

Rick Fick 914-443-4060



Road Ride

Thursdays:

There are two rides starting from Dietz Stadium in Kingston. The rides leave at 6 PM.

- A B/B+ ride, usually 25 to 40 miles. **Jim Tomassetti** 331-2324 for details.
- A C/D ride of 18-20 miles. Contact **Yvonne Baker** 331-1068



NEW: Riding the Hudson Valley Rail Trails



We will be starting a weekly ride on Mondays of June to August. The rides will be moderately paced, distance will be approximately 15-20 miles. Rides will leave promptly at 6pm. This will be a group ride. After the rides we will hang-out and tailgate. See schedule below.

1st Monday of the month - **Hurley Rail Trail**. Meeting at the parking access on 209 just pass Hurley Mountain Inn.

2nd - **Rosendale Rail Trail** - meeting in the parking lot at the Table Rock Bike Shop in Rosendale.

3rd - **New Paltz Rail Trail** - meeting in the Boces parking lot off Rte 32 in New Paltz.

4th - **Highland Rail Trail** - meeting at the base ball field/tennis courts off new Paltz Rd.

For information contact: Yvonne Baker - 845-383-1534 yab1946@gmail.com or Dick Hahn - 845-453-8359 rahahn@hvc.rr.com

President's Corner



I wish to thank all that attended and help made the Summer Bash a great success. Special thanks needs to go to Janet for getting all those hamburgers, hotdogs, chicken, rolls, catsup, mustard and pickles. Kevin for the beer and soda. Daniel for getting us registered at the park. Frank, Tom and Pat for leading the before picnic bike rides. Dave and Peter for picking up the barbeque grill. And Jim for letting us use his grill even when he couldn't make it. It's people like them that make this club so great to belong to.

Biking is in full swing with Mondays on the rail trails with Yvonne seeing as many as 15 riders. Wednesday at Minnewaska we have on average 14 riders and Thursday out of Dietz there will be over 40 riders spread out into three groups. So there shouldn't be any reason not to be riding in at least in one of these groups. No matter which night you pick you will always be welcomed. Just remember to always ride in your comfort range and ability and above all, WEAR A HELMET!

We will be having our annual planning meeting this year at John Brooks house, on August 3rd. I know some people shy away and think if they don't go they won't be picked to run anything. Well that's true but, without your input we might not run anything you might be interested in. Please help us help you enjoy this club to its fullest by bringing new ideas and interests. I promise we won't make anybody do something they didn't want to do. So please put it on your calendar and make time to help your club, lets work together and make this a great year to belong to TSSC.

Rick Fick
president@trailsweepers.org

Kingston Point Paddle Report

By Yvonne Baker

Once again the amazing camaraderie of friends prevails.

(John B., Mark C., Pat M., Dave C., George , Lisa O., Mark B., Tom F., Nancy M., Dick H., Rick F., Tim O., Yvonne B.)

10am ready to paddle and off we were. Thirteen kayaks of various sizes and colors creating a splendid flotilla on the quite low tide of Kingston Point. Already warm we ventured south to the Rondout creek which provided a breeze and some shade from the sunny May day. We paddled just beyond the Eddyville Bridge to the falls. There we lingered in the water listening to mother nature rushing over the falls. Just below the falls we stretched our legs on the mucky/ sand beach area and watched youngsters swing from a rope plunging into the water below. None of us seemed to entertain that idea.



On the paddle back the train trestle provided us with the roaring thunder of the freight train passing overhead. The creek turned into a rock and roll ride as we approached the lighthouse. Once entering the Hudson River the wind was in our faces and the tide behind us. Sailboats in a regatta provided a spectacular show of sails, jibs and spinners.

All paddled well ending the 9.5 mile voyage at Kingston Point and very glad to be getting out of our boats which again provided another challenge due the waves washing up on the shore.

Pat generously invited all back to her house and provided us with snacks, salads, burgers and dogs. Libation was brought by everyone.

It had been a good day and lessons were learned by all.....

Yvonne

2010 KAYAK SCHEDULE



This year's kayak schedule is listed below. Give yourself 30 to 45 minutes to get ready to paddle. We normally go in some rain and shine. If it is a total washout, the trip is cancelled. In case you are in doubt, contact the trip leader. Don't forget to bring everything you will need for the trip: craft, paddle, life jacket, food, water, sponge, bailer, sunhat, sunscreen, long sleeve shirt if you don't want to put on sunscreen, sunglasses with safety strap, spray skirt, waterproof bag, proper clothing for the trip and weather. Remember, get dressed for the water! Unless noted, all trips start at 10AM.

The following trips are scheduled for this year:

Sun. July 11: **Dutchman's Landing in Catskill.**
Go north to Hudson, NY.

Sat. Aug. 21: **Hudson, NY.** Circumnavigate Middle Flats Island. Start at the Hudson docks.

Sat. Sept. 25: **Thimble Islands, Connecticut.** All day trip that may turn into weekend trip (Sat & Sun). Meet at the Park & Ride in New Paltz early in the morning. More info. will be forthcoming. Wonderful area; fun time.

For further info, contact
Yvonne Baker at 845-383-1534
or **Kayak John** at 518-943-2013.

Come and enjoy the fun. We usually stop somewhere, have lunch, and enjoy merriment!!!

A Gray Weekend!!!

By Kayak John

The weekend of June 12-13, the sky was gray, damp, and unfriendly! However, that didn't deter some diehards to venture into doing some wonderful activities.



On Saturday, Tim, Bob, Eileen, Yvonne, John, Dave, Dick, Mark, and I all met at the Foundry Dock Park launch site in Cold Springs, NY for a nifty paddle to Bannermann's Island. When we were preparing to get underway, it was not raining; however, just as soon as everyone was in the water, raindrops kept falling on my head!!! With time, the raindrops got bigger and more numerous but that didn't stop any of the participants.

We were going with the tide and wound up at Bannermann's forty-five minutes later, a distance of 3.5 miles. Unable to land any crafts on the island, we decided to circumnavigate it. The winds were howling, the waves kicked up, and we were going uphill (against the tide). What wonderful combinations; it certainly made for an interesting ride back to Cold Springs. We were rock and rolling for a bit; however, no one capsized! It took us twice the amount of time to get back to our starting point. We ran into other kayakers from other clubs; there were probably over 30 kayakers in the Hudson enjoying a beautiful activity.

At the end of our adventure, we all packed up and headed for the Terrace Restaurant in Beacon for a well deserved bite to eat!

On Sunday, it was still cloudy and iffy! However, a few of us—Yvonne, Rick, Nancy, Ryan, Mark, and I—showed up at the Kingston Quick Check to ride on our motorized steeds. Although it was gray, we decided to recreate a ride that got cut short last year due to rain. So this year we duplicated the abbreviated ride again due to threatening clouds. We rode to Phoenecia, Hunter, Windham, and then finally to Round Top where we stopped at one of our favorite little restaurants, Hartmann's Bakery, where it is necessary to speak German since there are many dishes in the European language! Some of us had bratwurst with sauerkraut and potato salad—very yummy! There were also many decadent German desserts, and it was warm inside!!!

We did not go to Albany as originally planned due to the conditions; however, it's on our list next year!!!! In any event, we still had a good time, logged about 100 miles, and enjoyed the company.

It was a great weekend!

Reports of the new Monday Trail Rides

By Dick Hahn

845-453-8359 rhahn@hvc.rr.com

The first of the newly organized weekly rail trail mtn bike rides got off to a good start on Monday night with eight competent riders navigating the moderate course out of the Hurley trail head off Rt 209 south of Kingston.



After introductions and general instruction from our fearless ride leader, Yvonne (Sweet Pea) Baker, we mounted up and proceeded down the trail at a leisurely pace in a southerly direction towards our destination of High Falls. Along the way we enjoyed the sights and sounds of the cool forest while sharing interesting conversation among ourselves all the while gaining confidence, bike skills and speed. The miles flew by as we crossed Marcot Rd, Cottekill Rd, Leggett Rd in Stone Ridge arriving at Nectar in High Falls before we even knew it. Along the way we handled all that the trail challenged us with in easy fashion. Even the personal hill riding challenge we took upon ourselves when returning to the trail heading back was successfully completed by everyone, simply awesome!

The ride back was faster, smoother and even more enjoyable than on the way out. Were we the same bikers as when we started the ride? Pushing ourselves a little harder and trying some new things, we were definitely more relaxed and better at this now. Hey, this was getting to be real fun and soon we had the trail head parking lot in sight. Helping each other put our bikes and gear away we lingered for some time sipping wine, drinking beer, eating pretzels, slapping bugs and enjoying immensely a great moment in time....

Thanks to Carol, Judy, Kaela, Ellen, Mark and Bill, you made our job an easy one. The adventure continues next week out of Rosendale.

The second, weekly rail trail ride went smoothly on Monday night and the predicted unsettled weather gave way to clearing skies/sunshine as we left the trestle trailhead in Rosendale. A mix of returning veteran riders from the previous week and new recruits looking for a little action made our numbers swell to 13. After a last look at the trestle — soon to be closed for repairs and updated to its full length and be made part of a

(Continued on page 5)

(Continued from page 4)

complete rail trail system of some 35 miles from Kingston to Gardiner — we were away.

The trail was dark, flat and fast with a new twist to challenge us with, "MUD AND WATER" as in mud puddles of all shapes and sizes. Breaking into various smaller groups we enjoyed each other's company, navigating minor trail obstacles along the way, stopping from time to time to let everyone catch up, regroup and stay together.

The main idea of these rides is to have FUN and relax a little, they are not races, not competitive and not to be taken too seriously. They are a nice workout and everyone gets rewarded.

Well, before too long we arrived at Main Street in New Paltz near the Guided Otter Brewery and thoughts of cold beer and fine wine came to mind. Turning back for home we all pushed the pace a little as we now imagined ourselves stronger, better skilled, more experienced mountain bike riders and indeed, we absolutely were. Arriving muddy and sweaty back in Rosendale after 18/19 miles we proceed back to our cars, cleaned up some, then shared food, drink and war stories of our epic

ride. It was a good one and I thank everyone who took part, especially the riders who fell in the mud or otherwise drew blood yet jumped right up and kept going. That's how you do it!



The third weekly trail ride was well attended and continued confidently Monday night with 17 riders taking part in the summer solstice fun. The longest day of the year was fitting for our highest biking distance so far, just over twenty miles. And what a fabulous ride it was, the warm evening sun setting on the Mohonk/Minnewaska Ridge bathing it and us in all it's glory. We rode out past New Paltz to beyond Gardiner sharing the trail with many other bikers, runners and walkers enjoying the great day. Passing family backyard barbecues, farmers haying their fields and animals of all sorts scurrying out of the way of our fast spinning wheels, we followed the ever narrowing path until we could go no more. There, after a short rest and much good natured verbal sparring we headed back along the same route.

As usual, the way home was faster and while no mud puddles barred our way this week, we did have to overcome jarring potholes, rattling rocks, slip-

pery grass, encroaching bushes and low hanging tree branches. Some of us, **again**, lost a little blood, got a flat or had a road crossing mishap(my fault), everyone else survived intact. Back at the parking lot we indulged in more pretzels, popcorn, soda, beer, wine and most importantly, more of each other! Thank you all are making these rides outstanding.

The 4th week, we will complete the rail trail series for June leaving from Tony Williams Field in Highland off South Riverside Road at 6 PM. From New Paltz, drive East on Rt 299 past the Hess station, take a right at top of hill on to Lilly Lake Rd, immediately go past Weeds Mill Rd and make a right on to South Riverside Rd, go half mile and make a left into tennis courts, ball fields and trail head parking lot. From there we will take on the Highland Rail Trail, Village of Highland, Walkway over The Hudson and Mid Hudson Bridge. It's a blast, don't miss it.....



Bye now,
Dick Hahn

Note: check out the Rail Trail schedule on page 2.



Kingston Point Beach Picnic Meeting Night Thursday, Aug. 12th at 6:00 pm

Join us for our **picnic meeting night** on the beach! Watch the sunset among good friends & conversation! Go for a paddle or windsurf.

Club provides hot-dogs, hamburgers and plastic ware & cups.

Bring:

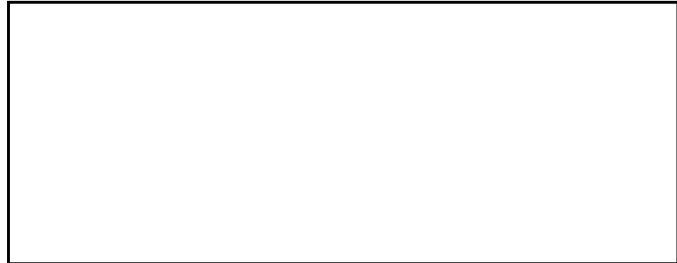
- Your own drinks
- A salad, dessert or side dish to share
- Chairs, table & bug spray
- Any watercraft as the boat launch is right there.





TSSC, Inc.
 PO Box 3061
 Kingston, NY 12402-3061

First Class Mail



Happy Hour

A few times a month, the club members meet at an area bar or eatery. Join us for a couple of hours of libation and friendly conversation.



July

- 9 **Santa Fe**, Tivoli
- 23 **Mariner's Harbor** in Kingston, joint with HVSC. Followed by a cruise on the **RipVanWinkle**, with the **Thunder Ridge** music band.

August

- 6 **Mariner's Landing**, Highland
- 20 **Bridgewater Bar and Grill**

September

- 3 **Rondout Bay and Marina**, Eddyville
- 17 **Rhinecliff Hotel**, Rhinebeck

Contact Dave Cardall 336-8876 for suggestions

Check for last minute changes on our Website at trailsweepers.org

50/50 Raffle



Current jackpot: **\$0**
 (\$87 won by Nancy on 6/24)

The price for raffle tickets is \$1 each or 3 for \$2. At the end of the meeting, two tickets will be drawn. The holder of each drawn ticket gets to pick one card from a deck of playing cards. If one picks the Ace of Spades, that player wins the 50/50 jackpot. If not, the picked cards are discarded and the unclaimed jackpot is held over to the next meeting.

At each meeting, as the jackpot grows, the deck of cards shrinks until the Ace of Spades is pulled and we have a winner.

Upcoming Events

Check up to date events calendar on our Website at trailsweepers.org



Regular Meetings:

On 2nd and 4th Thursday of the month at 8:30pm in the downstairs room of the Bridgewater Bar & Grill, on Abeel Street in Kingston. Varies during holidays.

Weekly rides (see page 2)

- Monday Ride the Hudson Rail Trails
- Wednesday Mountain bike ride
- Thursday Road bike ride

July

- Thu 8 8:30 meeting
- Sun 11 Kayak to Dutchman's Landing
- Thu 22 8:30 meeting

August

- Tue 3 Yearly planning meeting
- Thu 12 Picnic meeting at Kingston Point
- Sat 21 Kayak Middle Flats Island
- Thu 26 8:30 Meeting

September

- Sun 12 TSSC/HVSC Softball Challenge